




P1 Home Learning

<p><b>Numeracy &amp; Maths</b></p> <p>Practise counting to 10/20/50. Count out items in your house to help with this. Can you count backwards?</p> <p>Practise recognising all numbers up to 10/20/50. Can you find them anywhere in your house/outside/on the way to school?</p> <p>You could also...</p> <ul style="list-style-type: none"> <li>• Create number flashcards and play a game of snap with them/put them in the right order.</li> </ul>	<p><b>Reading</b></p> <p>Read a bedtime story and point out all of the words you recognise.</p> <p>Practise reading and writing tricky words that have been uploaded to Seesaw.</p> <p>You could also...</p> <ul style="list-style-type: none"> <li>• Create flashcards and play a game of snap</li> </ul>	<p><b>Spelling</b></p> <p>Continue to use cards in sound boxes to practise sounds.</p> <p>You could also...</p> <ul style="list-style-type: none"> <li>• Build words using the cards and sound them out</li> <li>• Say a word out loud/in your head and build the word using the cards</li> </ul>	<p><b>Topic – Human Body</b></p> <p>Go for a walk and think of all of the things your five senses are experiencing (see, hear, touch, smell, taste)</p> <p>Measure the different parts of your body and compare them to your adults. Who has longer arms/legs?</p>
<p><b>Maths Data and Analysis</b></p> <p>Help out at home with the dishes or washing and sort objects into categories based on their size, colour, etc.</p> <p>How many do you have of each? Which do you have the most/least of?</p> <p>Could you create tally marks to show how many?</p>	<p style="text-align: center;"><b>26<sup>th</sup> February 2024 – 28<sup>th</sup> March 2024 (5 weeks)</b></p> <p style="text-align: center;"><b>P1</b></p> <hr/> <p style="text-align: center;"><b>Head Teacher Task</b></p> <p style="text-align: center;">Healthy Eating – make soup together! Take a picture and send it to school Ingredients can be provided by school on request - please email <a href="mailto:sacredheart_ps@midlothian.gov.uk">sacredheart_ps@midlothian.gov.uk</a></p>		<p><b>Health and Wellbeing</b></p> <p>Draw a picture of how you are feeling each day to create your own feelings diary. Can you think of new words to describe your feelings (e.g. angry = furious)?</p> <p>Can you exercise for 5 minutes each day? You could go for a walk, do some star jumps or create your own obstacle course!</p>
<p><b>Maths Time</b></p> <p>Daily practise of talking about what day it is today, what day it was yesterday and what day it is tomorrow.</p> <p>Do you know which month your birthday is in? What date were you born?</p> <p>What are the four seasons we experience each year? Can you draw a picture to show each season?</p>	<p><b>French</b></p> <p>Teach your adults at home the numbers to 10 in French. Can you practise saying them backwards? (10...9...8...)</p> <p>Can you remember your colours in French? Here is a video to remind you!</p> <div style="text-align: center;">  </div>	<p><b>Writing</b></p> <p>Practise writing your letters and forming them correctly, use the picture and phrase on the back of your sound cards to help with this. Circle your neatest one.</p> <p>Can you practise writing the tricky words that have been uploaded to Seesaw?</p>	<p><b>RERC</b></p> <p>Make a Lenten Promise. Is there something new you could try or a way that you can help someone you love?</p> <p>Share something that you are grateful for every day.</p>